

Healthy Options Pantry Assessment Tool

Pantry Name: _____

Pantry Coordinator: _____

Strategy	Yes	Somewhat	No
Source healthy options			
Distribute fresh vegetables			
Distribute fresh fruit			
Distribute whole grain options			
Distribute low-sodium canned beans			
Distribute low-sodium vegetables			
Distribute canned fruit packed in 100% juice			
Conduct Healthy Food Drives			
Adopt Nutrition Policy for food sourcing			
Encourage healthy food selection			
Place produce at the start of distribution			
• Market-style produce distribution			
Place snack foods at end of distribution			
Place healthy options at eye level			
Place healthy foods (i.e. low-sodium, whole grain, low sugar) separate from less healthy			
Offer indirect nutrition education			
Label fresh produce items			
Label unfamiliar and healthy food items			
Identify healthy choices with shelf tags			
Provide Food Bank recipe cards			
Provide CAN Newsletter			
Provide add'l recipes for distributed foods			
Offer direct nutrition education			
Volunteers promote healthy options			
Provide food sampling, food demonstration			
Provide cooking classes on-site			
Promote healthcare and nutrition programs			
Provide info about other nutrition programs			
Distribute affordable healthcare information			
Partner with healthcare to offer screenings			
TOTALS			
SCORE			

Response	Score
YES	2
SOMEWHAT	1
NO	0



Adapted from
Food Gatherers
Healthy Pantry
Conversion Project
Self-Assessment

