# **ERIE COUNTY PARKS**

# Rolling Ridge Park





3901 Brierwood Dr Erie, PA 16510





PARK HOURS: Dawn to Dusk

#### **PARK FEATURES:**

**Covered Pavilion Sports Facilities** Playground **Grassy Areas** 

#### **ABOUT THE PARK**

Rolling Ridge Park is a part of Harborcreek Township. From running around in the grass to using the tennis court or hockey rink, people of all ages can surely find something to do at this location. Free arts and crafts are scheduled daily during summer months.







adagiohealth.org

# **GET ACTIVE IN THE PARK!**

A healthy lifestyle includes a combination of eating right and staying active. It is recommended that children get 60 minutes of physical activity daily, while adults should aim for 30 minutes per day.

### EXPLORE ROLLING RIDGE PARK

Rolling Ridge does not have walking or hiking trails, but it is surrounded by wooded areas that you may find pathways to explore. Otherwise, spend your time at this park engaging in outdoor fun and games or picnicking.

### Activities for kids

Walking • Spotting Wildlife
Nature Projects • Playground • Outdoor Sports

# Activities for teens

Walking • Spotting Wildlife • Outdoor Sports • Playground

## Activities for adults

Walking • Mindfulness Activities
Outdoor Sports • Picnic