

Healthy Options Pantry Program Observation Tool

Pantry Name _____ Pantry Coordinator _____

Instructions: During Visit 2 (Pantry Observation), complete this assessment to determine potential areas for health promotion intervention and discussion with the pantry coordinator during Visit 3 (Healthy Options Pantry Assessment).

Answer 'Yes,' 'No,' or 'Somewhat' for the following questions:

Strategies

Stock healthy options

Does pantry distribute fresh vegetables? _____

Does pantry distribute fresh fruit? _____

- Is the pantry an Advance Choice agency? _____

Does pantry distribute whole grain foods? _____

Does pantry distribute low-sodium canned foods? _____

Does pantry distribute low sugar canned fruits? _____

Encourage healthy food selection

Is produce located at the front of the pantry or at the beginning of the distribution line? _____

Is produce staged using a market-style distribution? _____

Are snack foods located at the end of the distribution? _____

Are healthy options located at eye level? _____

Are less healthy options located above or below eye level? _____

Are healthy options (i.e. whole grains, low-sodium, low sugar) identified or staged separately? _____

Notes:

Offer indirect nutrition education

Are shelf-stable items labeled? _____

Are fresh produce items labeled? _____

Are healthy options promoted with shelf tags? _____

Is the CAN newsletter available for clients? _____

- Is the newsletter available in the waiting area? _____

- Does pantry use resource to promote healthy options? _____

Are food bank recipe cards available for clients? _____

- Are cards available in the waiting area? _____

- Are cards cross-marketed with ingredients? _____

- Does pantry use resource to promote healthy options? _____

Does pantry offer add'l recipes to promote healthy options? _____

Does pantry offer add'l resources to promote healthy options? _____

Offer direct nutrition education

Do volunteers 'nudge' healthy options? _____

Are volunteers staged to encourage healthy selection of fresh fruits and vegetables? _____

Does pantry offer food sampling/demonstrations? _____

- Who presents food sampling/demonstrations? _____

Does pantry offer cooking/nutrition education classes? _____

- Who presents cooking/nutrition education classes? _____

Notes:



Offer addition resources

Does pantry provide info about SNAP? _____

Does pantry provide info about WIC? _____

Does pantry provide info about CSFP? _____

Does pantry provide info about Produce to People? _____

Does pantry provide info about Green Grocer? _____

Does pantry provide info about Summer Food? _____

Does pantry provide info about School Lunch/Breakfast? _____

Does pantry provide info about affordable healthcare? _____

Does pantry collaborate with healthcare companies? _____

If yes, what healthcare company or companies? _____

What healthcare services are provided?

- Health screenings? _____
- Nutrition counseling? _____
- Health insurance information? _____

Recommendations based on observation: