

LAWRENCE COUNTY PARKS

John Thompson Trail



3870 Mitchell Rd
New Castle, PA 16105

PARK HOURS: Dawn to Dusk



PARK FEATURES:
Nature Trail

ABOUT THE PARK

John Thompson Trail was created in memoriam of the late Mr. Thompson from Neshannock High School. To keep his memory alive this nature trail was built amongst 55 acres of woods behind the school baseball field.



**YOUNG LUNGS
AT PLAY**



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP) through the PA Department of Human Services (DHS).

adagiohealth.org

GET ACTIVE IN THE PARK!

A healthy lifestyle includes a combination of eating right and staying active. It is recommended that children get 60 minutes of physical activity daily, while adults should aim for 30 minutes per day.

HIKE JOHN THOMPSON TRAIL

Length: 2.4 miles | Level of Difficulty: Easy

This is a 2.4-mile loop trail through the woods. There is a public access point at the school football field. It is also intended to create an outdoor learning opportunity.

Activities for kids

Walking

Activities for teens

Walking • Hiking

Activities for adults

Walking • Hiking

This park is a Pennsylvania Department of Health recognized Young Lungs at Play tobacco-free site.